

Online Resources

Call **211** to access Community Resources or 211Texas.org

KidsHealth kidshealth.org

Information for Parents, Kids, and Teens about Growth and Development, Milestones, Diagnoses, Feeding, Communication, and Sensitive Topics.
Good articles written for kids and teens on sensitive subjects, guides for parents.
All articles also in Spanish.

Pathways pathways.org

Milestone Checklists and Expanded Information about your child's development, primarily 0-4.
Brochures available in Spanish and English, some checklists in more languages.

Healthy Children healthychildren.org

Includes health information for all stages, includes articles on specific diagnoses, guides to good dental care from birth forward, behavioral guides, information on fitness, nutrition, sleep, emotional wellness, oral health.
Includes Preemie Developmental Milestone lists up to age 5.
Information available in Spanish.

Centers for Disease Control & Prevention (CDC) CDC.gov

Vaccine Schedule: CDC.gov/vaccines
Free Milestone Tracker App for Children Ages 0-5 cdc.gov/MilestoneTracker
Child Developmental Milestones Links cdc.gov/ncbddd/actearly/milestones
Information on Milestones, Tips for Parents, Growth Charts, Quizzes and Videos
Positive Parenting Tips for Ages 0-17 cdc.gov/ncbddd/childdevelopment/positiveparenting

Navigate Life Texas navigatelifetexas.org

Resources for Kids with Disabilities and Special Health Care Needs
Glossary of Diagnoses and Articles Specific to Diagnosis
Includes Transition information and Creating a Permanency Plan
Guides to Navigate Special Education Services and School Services
Information about Waiver Programs which might be available
Information available in Spanish.

Texas Parent to Parent txp2p.org

Texas Parent to Parent connects parents of children with disabilities, chronic illness, and/or special health care needs so they can support one another. They provide a variety of support groups, education and training opportunities across the state where peers can discuss the new responsibilities and emotions that families face in caring for a child with special health care needs.
Information available in Spanish.

BCFS Education Services (Headstart Program) www.discoverbcfs.net/Headstart

Sign up now for 2018-2019 School Term in Cuero, Edna, Nixon-Smiley, Port Lavaca, Victoria (Red River & Trinity Campuses) Waelder, Yoakum

Permanency Planning <https://wikihow.com/Make-Writing-a-Will-Easy>

Use this guide to create a will that protects your family. Holographic Wills, or Wills written in the person's own handwriting and signed, and needs no witnesses to be valid. It cannot be revoked if there are no other wills

Got Transitiongottransition.org

Guides for Young Adults and Parents ages 12+ in preparing to transition to receiving adult health care and making health related decisions.

Includes a Quiz to help Youth determine Transition Readiness

Resources Area has Transition Guides and Assessments

Information Available in Spanish.

Partners Resource Networkprntexas.org

Region 3 TEAM Coordinator-Yisma Alfaro (Habla español) (979) 616-7436 yalfaroprnteam@gmail.com

The TEAM Project with Partners Resource Network is one of three federally funded Parent Training and Information Centers (PTI) serving Texas parents of children and youth with disabilities ages 0-26. We serve families living in ESC regions 1-4 and 20.

TEAM Regional Coordinators are here for you! We can help you:

- Understand your child's disability;
- Understand your rights and responsibilities under IDEA;
- Obtain and evaluate resources and services for your child;
- Fully participate as a team member with professionals in planning services for your child.

What kind of assistance does TEAM offer?

- Individual assistance over the phone and in-person
- Workshops and webinars on a variety of special education topics
- Access to resources such as printed publications and online courses

Autism Speaksautismspeaks.org

Broad Information and Resource Site for Autism and Spectrum Disorders

Mission: Autism Speaks is dedicated to promoting solutions, across the spectrum and throughout the lifespan, for the needs of individuals with autism and their families through advocacy and support; increasing understanding and acceptance of people with autism spectrum disorder; and advancing research into causes and better interventions for autism spectrum disorder and related conditions.

Resources for Families, Information about Advocacy, Research, and Ways to Get Involved

Screening Guides and Tool Kits for Parents of Newly Diagnosed Children

Link to Pages in Multiple Languages Available

Texas Preparestexasprepares.org

Emergency Preparation Website with Information on:

Building an Emergency Plan appropriate for Various Age Groups (with information on Preparing for an Emergency with Children with Special Health Care Needs)

Creating a "Go Kit"

Disaster Related Information

Includes Videos and Disaster Resources and Free Downloadable Forms

Information Available in Spanish

Ready.Govready.gov

Emergency Preparedness Website provided by Department of Homeland Security

Sections Available for Preparing with Kids, Elderly, and Special Health Conditions.

Games for Kids, Information for Parents and Educators

Resource Page in Multiple Languages

Texas Department of State Health Services dshs.state.tx.us